

# Information for a treatment with Accusmile®

For a successful treatment with Accusmile® it is often necessary to create space in the dental arch. In most cases this is done by interproximal reduction (IPR) since the only alternative would be extraction with subsequent orthodontic treatment.

To make IPR as easy and safe as possible we recommend the use of an oscillating system, e.g. the IPR Set made by Intensiv.

This set offers the advantage that it is harmonized with the IPR tables provided by us and therefore enables a reduction according to this protocol.

Before performing an IPR it is necessary to inform the patient about the procedure and eventual risks (such as increased risk of caries, injuries of the dentin during the procedure) to obtain an informed consent. This again has to be documented.

**Guidelines for interproximal reduction have been defined according to the available literature and should be observed.**

REDUCTION OF ENAMEL (in mm)										
	I 1		I 2		C		P1		P2	
	mesial	distal	mesial	distal	mesial	distal	mesial	distal	mesial	distal
<b>Maxilla</b>	0,3	0,3	0,3	0,3	0,3	0,6	0,6	0,6	0,6	0,6
	0,6		0,6		0,9		1,2		1,2	
<b>Man- dible</b>	0,2	0,2	0,2	0,2	0,2	0,3	0,6	0,6	0,6	0,6
	0,4		0,4		0,5		1,2		1,2	

Ludwig et al; Thieme 2010, P.195



Intensiv Ortho-Strips Tray

Furthermore it is absolutely necessary to inform the patient about the proper seating of aligners.

The splint has to enclose the crowns completely and it has to sit firmly on the occlusal surface of the teeth.

To bring the aligners in the correct position we recommend the use of aligner-seaters.



Use of aligner-seaters